

Categories / Groups of Exercises / Exercises

Program moduls

## Tactical Sailing from A to Z

How do I find specific information, exercises and terms in the Tactical Sailing program, e.g. slalom, long leg, switch point, mark room?

### 1. Search for the name / term

- Search in the alphabetically ordered list in the column "Exercises/Scenes".
- Advanced "search" command with the help of the "magnifying glass" available in every web browser or in Acrobat Reader . The name is automatically displayed here in the column "Exercise groups" and/or in "Exercises".

If parts of the name are used, you can add \* or if the correct spelling is not known: e.g. \*mark\*.

In the column "Favorites" there may be a hint for a quicker "search" of a tactical exercise (Tactics, Top 10). Special search terms are entered for the user groups: Kids, Family, Beginners, Regatta sailors and Coaches, e.g. Speed, Start, Upwind, Cross-Tack-Duck, Windward Buoy, Downwind, Gate, Finish Line.

Hint! Entering a search term can lead to several hints from which - depending on your needs - you have to choose.

### 2. Using search results in the Tactical Sailing program

Select an exercise in the following order:

- the program module, then in the menu the category, the exercise group and start the exercise/scene.

Overview	Program module	Number
	Play Against the Wind	124 Exercises/scenes
	Boat Against Boat	120 Exercises/scenes
	Coach's Toolbox	176 Exercises/scenes
<b>Tactical exercises/scenes for user groups:</b>	For regatta sailors - Tactic exercises.	22 Tactic Exercises
	For racing sailors - Top 10 favourite tactic exercises.	11 Top 10 Top 10
	For beginners, families, kids - endless fun.	12 Kids Family
For coaches special topics of a regatta: speed, start, upwind, cross tack duck (cross-td), windward buoy, downwind, gate, finish line.		45 Favorites

Source: Tactical Sailing Program Version name: 2.220.401.

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No.	Exercises / Scenes	Groups of exercises	Categorises	Program moduls	Favorites
1	29er	Select your boat:	Boats:	Play Against the Wind	
2	29er	Select your boat:	Boats:	Boat Against Boat	
3	29er	Select your boat:	Boats:	Coach's Toolbox	
4	29er Up and down	Racing 29/49 Skiff:	Games:	Play Against the Wind	
5	420er	Select your boat:	Boats:	Play Against the Wind	
6	420er	Select your boat:	Boats:	Boat Against Boat	
7	420er	Select your boat:	Boats:	Coach's Toolbox	
8	420er	Speed:	Boats:	Play Against the Wind	
9	470er	Select your boat:	Boats:	Play Against the Wind	
10	470er	Select your boat:	Boats:	Boat Against Boat	
11	470er	Select your boat:	Boats:	Coach's Toolbox	
12	49er	Select your boat:	Boats:	Play Against the Wind	
13	49er	Select your boat:	Boats:	Boat Against Boat	
14	49er	Select your boat:	Boats:	Coach's Toolbox	
15	49er Up and down	Racing 29/49 Skiff:	Games:	Play Against the Wind	
16	A game against the Wind	Advice:	Impressum:	Play Against the Wind	
17	A game against the Wind	Advice:	Impressum:	Boat Against Boat	
18	A Game Against the Wind	Concept:	Demo:	Play Against the Wind	
19	Alster Cup - First Fleet - 2 boats - Gusts	Hamburg River Alster 2+4 boats - gust:	Expert:	Coach's Toolbox	
20	Alster Cup - First Fleet - 4 Boats - Gusts	Hamburg River Alster 2+4 boats - gust:	Expert:	Coach's Toolbox	
21	Alster Cup - Gold Fleet - 2 Boats 15 minutes Flight(wind random)	Hamburg River Alster 2+4 boats - gust:	Expert:	Coach's Toolbox	
22	Alster Cup - Gold Fleet - 4 Boats 15 minutes Flight (wind randomly)	Hamburg River Alster 2+4 boats - gust:	Expert:	Coach's Toolbox	
23	Animation and Text	Tips:	Help:	Boat Against Boat	
24	Area 'Charly' Wind 7x7	Kiel Week:	Games:	Boat Against Boat	
25	Area 'Hotel' Wind 1x1	Kiel Week:	Games:	Boat Against Boat	
26	Area 'Kilo' Wind 4x4	Kiel Week:	Games:	Boat Against Boat	
27	Auckland Cup - 2 boats Wind 1x1	Auckland Cup - 2 boats:	Expert:	Coach's Toolbox	
28	Auckland Cup - 2 boats Wind 1x1 - gusts	Auckland Cup - 2 boats:	Expert:	Coach's Toolbox	
29	Auckland Cup - 2 boats Wind 2x2	Auckland Cup - 2 boats:	Expert:	Coach's Toolbox	
30	Auckland Cup - 2 boats Wind 4x3	Auckland Cup - 2 boats:	Expert:	Coach's Toolbox	
31	Autopilot OFF	Boats:	Help:	Play Against the Wind	



# Tactical Sailing from A to Z

For coaches special topics of a regatta: speed, start, upwind, cross tack duck (cross-td), windward buoy, downwind, gate, finish line.

No.	Exercises / Scenes: Sorted by 1...9, A-Z	Groups of exercises	Categorises	Program moduls	Favorites
32	Autopilot ON	Boats:	Help:	Play Against the Wind	
33	Avoid laylines and corners	Rules of Thumbs steering:	Tips Wind:	Play Against the Wind	
34	Away from shifts	Rules of Thumbs steering:	Tips Wind:	Play Against the Wind	
35	Bear away - Luff up - 2 Boats	First steps - Fox hunting:	Junior:	Coach's Toolbox	Kids Family
36	Bear away - Luff up 1 Boat Autopilot	First steps - Fox hunting:	Junior:	Coach's Toolbox	
37	Boat Against Boat	Advice:	Impressum:	Play Against the Wind	
38	Boat Against Boat	Advice:	Impressum:	Boat Against Boat	
39	Boats parade - auto repeat	Video show (auto repeat):	Demo:	Boat Against Boat	
40	Cap de Formentor 8x8	Island of Mallorca:	Games:	Play Against the Wind	
41	Champions League - 15 minutes Flight - 2 Boats (wind random)	Sailing Champions Ligue 2+4 boats - gust:	Expert:	Coach's Toolbox	
42	Champions League - 15 minutes Flight - 4 Boats (wind randomly)	Sailing Champions Ligue 2+4 boats - gust:	Expert:	Coach's Toolbox	
43	Champions League - League Format - 2 boats - Gusts	Sailing Champions Ligue 2+4 boats - gust:	Expert:	Coach's Toolbox	
44	Champions League - League Format - 4 Boats - Gusts	Sailing Champions Ligue 2+4 boats - gust:	Expert:	Coach's Toolbox	
45	Chance and Risk - Downwind 'Wind System-2' - 2 boats	Reward and Risk - Windsystem-2:	Expert:	Coach's Toolbox	
46	Chance and Risk - Upwind 'Wind System-2' - 2 boats	Reward and Risk - Windsystem-2:	Expert:	Coach's Toolbox	
47	Chance and Risk - Upwind 'Wind System-2' - 2 boats	Reward and Risk - Windsystem-2:	Tips Tactic:	Coach's Toolbox	
48	Coach's Toolbox	Advice:	Impressum:	Play Against the Wind	
49	Coach's Toolbox	Advice:	Impressum:	Boat Against Boat	
50	Coaches - Trainer	Coaches:	Impressum:	Boat Against Boat	
51	Cockpit and Instruments	Getting started:	Help:	Play Against the Wind	
52	Cockpits and Instruments	Getting started:	Help:	Boat Against Boat	
53	Cockpits and Instruments	Getting started:	Help:	Coach's Toolbox	
54	Comments and Drawings	Copyright:	Boats:	Coach's Toolbox	
55	Comments and Drawings	Copyright:	Impressum:	Play Against the Wind	
56	Comments and Drawings	Copyright:	Impressum:	Boat Against Boat	
57	Compass and Log	Cockpit:	Help:	Play Against the Wind	
58	Compass and Log	Cockpit:	Help:	Boat Against Boat	
59	Compass and Log	Cockpit:	Help:	Coach's Toolbox	
60	Compass on beats - 2 boats	Tactic against the Wind:	Racing Sailor:	Coach's Toolbox	
61	Constance race - 2 boats - 6 wind fields start 345°	Lake Constance Cup - Wind fields:	Expert:	Coach's Toolbox	
62	Count Down - 1 minute - 10 boats	Start line:	Tips Tactic:	Coach's Toolbox	
63	Count down - Timer	Cockpit:	Help:	Boat Against Boat	
64	Count down - Timer	Cockpit:	Help:	Coach's Toolbox	
65	Covering	Rules of Thumbs steering:	Tips Wind:	Play Against the Wind	
66	Cross tack duck near the finish line	Cross-Tack-Duck:	Racing Sailor:	Coach's Toolbox	Top 10 Cross-TD
67	Cross tack duck with wind shift near the windward mark	Cross-Tack-Duck:	Racing Sailor:	Coach's Toolbox	Tactic Cross-TD
68	Cross-Tack-Duck - Attack and Defend	Cross-Tack-Duck:	Racing Sailor:	Coach's Toolbox	Tactic Cross-TD
69	Curry Tack - avert risk	Curry Tack:	Racing Sailor:	Coach's Toolbox	
70	Curry Tack - defend your lead	Curry Tack:	Racing Sailor:	Coach's Toolbox	Top 10 Curry tack
71	Definition Tack, Starboard and Port	Wind and Right of Way:	Tips Rules:	Boat Against Boat	
72	Definition Tack, Starboard or Port	Racing Rules of Sailing:	Tips Rules:	Boat Against Boat	
73	Downwind	First Steps:	Demo:	Play Against the Wind	
74	Downwind - skewed course - 2 boats	Down wind course:	Tips Tactic:	Coach's Toolbox	
75	Downwind - skewed course - 2 boats	Start to Finish - Against the Wind:	Racing Sailor:	Coach's Toolbox	
76	Downwind 29er	Speed:	Boats:	Play Against the Wind	
77	Downwind 29er	Speed:	Boats:	Coach's Toolbox	
78	Downwind 49er	Speed:	Boats:	Play Against the Wind	
79	Downwind J / 70	Speed:	Boats:	Play Against the Wind	
80	Downwind J / 70	Speed:	Boats:	Coach's Toolbox	Tactic Speed
81	Downwind J / 70	Speed:	Tips Tactic:	Coach's Toolbox	
82	Downwind mark - Attack	Team Race Tactic:	Expert:	Coach's Toolbox	Tactic Downwind
83	Downwind mark - Attack	Tactic 'Team Race':	Tips Tactic:	Coach's Toolbox	Tactic Downwind
84	Downwind mark - Make 'room'	Team Race Tactic:	Expert:	Coach's Toolbox	Tactic Downwind
85	Downwind mark - Make 'room'	Tactic 'Team Race':	Tips Tactic:	Coach's Toolbox	Tactic Downwind
86	Downwind mark - Zone - 2 boats	Start to Finish - Against the Wind:	Racing Sailor:	Coach's Toolbox	
87	Downwind marks(Gate) - overlapped - 10 boats	Exercise for Right of Way Rules:	Tips Tactic:	Coach's Toolbox	Top 10 Gate
88	Downwind marks(Gate) - overlapped - 10 boats	Start to finish - 10 boats:	Expert:	Coach's Toolbox	Tactic Gate
89	Downwind marks(Gate) - Zone - 10 boats	Start to finish - 10 boats:	Expert:	Coach's Toolbox	Tactic Gate
90	Downwind Maxi Yacht TP 52	Speed:	Boats:	Play Against the Wind	
91	Eiermann Optimist B Cup - 2 players	Play Boat Against Boat:	Demo:	Boat Against Boat	
92	End the program you would like to change	Change game area:	Help:	Play Against the Wind	
93	End the program you would like to change	Change game area:	Help:	Boat Against Boat	
94	End the program you would like to change	Change game area:	Help:	Coach's Toolbox	
95	Entitled to Room	Avoiding Contact (Rule 14):	Tips Rules:	Boat Against Boat	
96	Fareast 31 R	Select your boat:	Boats:	Play Against the Wind	
97	Fareast 31 R	Select your boat:	Boats:	Boat Against Boat	
98	Fareast 31 R	Select your boat:	Boats:	Coach's Toolbox	
99	Fine steering against the Wind 2x2	First Steps:	Demo:	Play Against the Wind	
100	Finish line - 10 boats	Finish line:	Tips Tactic:	Coach's Toolbox	Top 10 Finish line
101	Finish line - 10 boats	Start to finish - 10 boats:	Expert:	Coach's Toolbox	Tactic Finish line
102	Finish line - skewed - 2 boats	Finish line:	Tips Tactic:	Coach's Toolbox	
103	Finish line - skewed - 2 boats	Start to Finish - Against the Wind:	Racing Sailor:	Coach's Toolbox	Tactic Finish line
104	Finn	Select your boat:	Boats:	Play Against the Wind	
105	Finn	Select your boat:	Boats:	Boat Against Boat	
106	Finn	Select your boat:	Boats:	Coach's Toolbox	
107	First Step: How to control two boats	First Steps:	Demo:	Boat Against Boat	
108	Fleet Race	Game Modus:	Help:	Boat Against Boat	
109	Fleet Race	Training modus:	Help:	Coach's Toolbox	
110	Fleet Race - Professionals - 4 Boats	Fleet Races 2+4 boats:	Expert:	Coach's Toolbox	
111	Fleet Race oscillating Wind 1x1	Fleet Race:	Games:	Boat Against Boat	
112	Fleet Race Up and Down - 2 boats	Fleet Races 2+4 boats:	Expert:	Coach's Toolbox	
113	Fleet Race Wind 1x1	Fleet Race:	Games:	Boat Against Boat	
114	Fleet Race Wind 2x2	Fleet Race:	Games:	Boat Against Boat	
115	Fleet Race Wind 4x4	Fleet Race:	Games:	Boat Against Boat	
116	Fleet Race Wind 7x7 Vento Lake Garda	Fleet Race:	Games:	Boat Against Boat	
117	Fleet Race Wind 8x8	Fleet Race:	Games:	Boat Against Boat	
118	Fleet Race Wind 8x8_Kacheln	Fleet Race:	Games:	Boat Against Boat	
119	Game Modus Wind 1x1 to 8x8	Game Modus:	Help:	Play Against the Wind	
120	Game Modus Wind 1x1 to 8x8	Game Modus:	Help:	Boat Against Boat	



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No.	Exercises / Scenes: Sorted by 1...9, A-Z	Groups of exercises	Categorises	Program moduls	Favorites
121	Giving Mark-Room 18.2(a)	Mark-Room (Rule 18):	Tips Rules:	Boat Against Boat	
122	Go fast first, then point	Speed:	Tips Wind:	Play Against the Wind	
123	Go rhumbline	Reaching:	Tips Wind:	Play Against the Wind	
124	Gold Coast Race - Level 3	London to Rio 2016: Belcher&Ryan:	Games:	Play Against the Wind	
125	H-Boat (Germany)	Select your boat:	Boats:	Play Against the Wind	
126	H-Boat (Germany)	Select your boat:	Boats:	Boat Against Boat	
127	H-Boat (Germany)	Select your boat:	Boats:	Coach's Toolbox	
128	Head for puffs downwind	Puffs and lulls:	Tips Wind:	Play Against the Wind	
129	Head up in lulls	Puffs and lulls:	Tips Wind:	Play Against the Wind	
130	Holiday Island - Autopilot 1 player	Play Against the Wind:	Demo:	Play Against the Wind	
131	Idea Regattasimulation	Concept:	Boats:	Coach's Toolbox	
132	Idea Regattasimulation	Concept:	Impressum:	Play Against the Wind	
133	Idea Regattasimulation	Concept:	Impressum:	Boat Against Boat	
134	J / 70	Speed:	Boats:	Play Against the Wind	
135	J / 70 Johnstone	Select your boat:	Boats:	Play Against the Wind	
136	J / 70 Johnstone	Select your boat:	Boats:	Boat Against Boat	
137	J / 70 Johnstone	Select your boat:	Boats:	Coach's Toolbox	
138	Jibe on the lifts	Wind oscillating:	Tips Wind:	Play Against the Wind	
139	Jibing downwind - 1 Boat autopilot	Chain of buoys - upwind and downwind:	Junior:	Coach's Toolbox	Kids Family
140	Jibing downwind - 2 Boats	Chain of buoys - upwind and downwind:	Junior:	Coach's Toolbox	
141	Keep Clear	While Tacking (Rule 13):	Tips Rules:	Boat Against Boat	
142	Keyboard shortcuts for Boat Against Boat	Boats:	Help:	Boat Against Boat	
143	Keyboard shortcuts for Boat Against Boat	Getting started:	Help:	Boat Against Boat	
144	Keyboard shortcuts for the boat	Getting started:	Help:	Play Against the Wind	
145	Keyboard shortcuts for training 'Against the Wind'	Boats:	Help:	Coach's Toolbox	
146	Keyboard shortcuts for training 'Boat Against Boat'	Boats:	Help:	Coach's Toolbox	
147	Kielzugvogel (Germany)	Select your boat:	Boats:	Play Against the Wind	
148	Kielzugvogel (Germany)	Select your boat:	Boats:	Boat Against Boat	
149	Kielzugvogel (Germany)	Select your boat:	Boats:	Coach's Toolbox	
150	Knowing the 1x1 - Game modus basic	Play Against the Wind:	Games:	Play Against the Wind	
151	Knowing the 1x1 of winds basics	First Steps:	Demo:	Play Against the Wind	
152	Korsar (Germany)	Select your boat:	Boats:	Play Against the Wind	
153	Korsar (Germany)	Select your boat:	Boats:	Boat Against Boat	
154	Korsar (Germany)	Select your boat:	Boats:	Coach's Toolbox	
155	Laser	Select your boat:	Boats:	Play Against the Wind	
156	Laser	Select your boat:	Boats:	Boat Against Boat	
157	Laser	Select your boat:	Boats:	Coach's Toolbox	
158	Left or right side - 2 boats - Gust	Strategy before starting:	Tips Tactic:	Coach's Toolbox	
159	Left or right side - 2 boats - Gust	Tactic against the Wind:	Racing Sailor:	Coach's Toolbox	
160	Leverage - 'Money in the bank'	Gain or loss:	Expert:	Coach's Toolbox	Tactic Upwind
161	Leverage - 'Money in the bank'	Gain or loss:	Tips Tactic:	Coach's Toolbox	
162	Licence - Law and order	Licence:	Boats:	Coach's Toolbox	
163	Licence - Law and order	Licence:	Impressum:	Play Against the Wind	
164	Licence - Law and order	Licence:	Impressum:	Boat Against Boat	
165	Lift and Header - Downwind - Gust	Lift and Header:	Racing Sailor:	Coach's Toolbox	
166	Lift and Header - Downwind - Wind 4x3	Lift and Header:	Racing Sailor:	Coach's Toolbox	Tactic Downwind
167	Lift and Header - Upwind - Gust	Lift and Header:	Racing Sailor:	Coach's Toolbox	
168	Lift and Header - Upwind - Gust	Strategy before starting:	Tips Tactic:	Coach's Toolbox	
169	Lift and Header - Upwind - Wind 4x3	Lift and Header:	Racing Sailor:	Coach's Toolbox	Top 10 Upwind
170	Line sight	Start line:	Tips Wind:	Play Against the Wind	
171	Line sight	Tips:	Demo:	Play Against the Wind	
172	Lindau race - 2 boats - 8 wind fields start 360°	Lake Constance Cup - Wind fields:	Expert:	Coach's Toolbox	
173	Long leg and Laylines - 2 boats	Long tack first:	Racing Sailor:	Coach's Toolbox	Tactic Upwind
174	Long leg and Laylines - 2 boats	Long tack first:	Tips Tactic:	Coach's Toolbox	
175	Longer Tack and Covering - 2 boats	Reward and Risk - Windsystem-2:	Tips Tactic:	Coach's Toolbox	
176	Longer Tack and Covering - 2 boats	Tactic against the Wind:	Racing Sailor:	Coach's Toolbox	Top 10 Upwind
177	Luff up and Bear away	Cockpit:	Help:	Play Against the Wind	
178	Magic Island - Autopilot 1 player	Play Against the Wind:	Demo:	Play Against the Wind	
179	Main-Menu	Getting started:	Help:	Coach's Toolbox	
180	Main-Menu and Stop and Start/Pause	Getting started:	Help:	Play Against the Wind	
181	Main-Menu and Stop and Start/Pause	Getting started:	Help:	Boat Against Boat	
182	Match Race	Game Modus:	Help:	Boat Against Boat	
183	Match Race	Training modus:	Help:	Coach's Toolbox	
184	Match Race - Professionals - 4 Boats	Match Races 2+4 boats:	Expert:	Coach's Toolbox	
185	Match Race oscillating Wind 1x1	Match Race:	Games:	Boat Against Boat	
186	Match Race Up and Down - 2 boats	Match Races 2+4 boats:	Expert:	Coach's Toolbox	
187	Match Race Wind 1x1	Match Race:	Games:	Boat Against Boat	
188	Match Race Wind 2x2	Match Race:	Games:	Boat Against Boat	
189	Match Race Wind 4x4	Match Race:	Games:	Boat Against Boat	
190	Match Race Wind 8x8	Match Race:	Games:	Boat Against Boat	
191	Medal Race Olympia London 2012 - 4 Boats	London to Rio 2016: Belcher&Ryan:	Expert:	Coach's Toolbox	
192	My Race - Lay out your own course - 4 boats	My Races:	Racing Sailor:	Coach's Toolbox	
193	My Race - Wind 1x1 - 2 Boats	My Races:	Racing Sailor:	Coach's Toolbox	
194	My Race - Wind 2x2 - 2 Boats	My Races:	Racing Sailor:	Coach's Toolbox	
195	My Race - Wind 4x4 - 2 Boats	My Races:	Racing Sailor:	Coach's Toolbox	
196	My Race - Wind 4x4 - 2 Boats - Gusts	My Races:	Racing Sailor:	Coach's Toolbox	
197	My Wind 1x1	My Wind - 2 boats:	Junior:	Coach's Toolbox	
198	My Wind 3x3	My Wind - 2 boats:	Junior:	Coach's Toolbox	
199	My Wind 4x4 with Gusts	My Wind - 2 boats:	Junior:	Coach's Toolbox	
200	Offshore Race - Hawaii - turbulent Wind 1x1	Offshore Race with turbulent Wind:	Games:	Boat Against Boat	
201	Offshore Race - Mallorca - Turbulent Wind 2x2	Offshore Race with turbulent Wind:	Games:	Boat Against Boat	
202	Olympic Trapeze	Olympic Races:	Games:	Play Against the Wind	
203	Olympic Triangle	Olympic Races:	Games:	Play Against the Wind	
204	Olympic Triangle 1-2-3	Olympic Races:	Games:	Boat Against Boat	
205	On Opposite Tacks - Beam Reach	Wind on opposite tacks (Rule 10):	Tips Rules:	Boat Against Boat	
206	On Opposite Tacks - Close Hauled	Wind on opposite tacks (Rule 10):	Tips Rules:	Boat Against Boat	
207	On Opposite Tacks - Reaching	Wind on opposite tacks (Rule 10):	Tips Rules:	Boat Against Boat	
208	On Opposite Tacks - Running	Wind on opposite tacks (Rule 10):	Tips Rules:	Boat Against Boat	
209	On the Same Tack - Clear Ahead	Wind on same tack - Not Overlapped (Rule 12):	Tips Rules:	Boat Against Boat	



# Tactical Sailing from A to Z


For coaches special topics of a regatta: speed, start, upwind, cross tack duck (cross-td), windward buoy, downwind, gate, finish line.

No.	Exercises / Scenes: Sorted by 1...9, A-Z 	Groups of exercises	Categorises	Program moduls	Favorites
210	On the Same Tack - Not Overlapped	Wind on same tack - Not Overlapped (Rule 12):	Tips Rules:	Boat Against Boat	
211	On the Same Tack - Overlapped	Wind on same tack - Overlapped (Rule 11):	Tips Rules:	Boat Against Boat	
212	Opti	Select your boat:	Boats:	Boat Against Boat	
213	Opti	Select your boat:	Boats:	Coach's Toolbox	
214	Optimist	Select your boat:	Boats:	Play Against the Wind	
215	Optimist	Speed:	Boats:	Play Against the Wind	
216	Optimist	Speed:	Boats:	Coach's Toolbox	Top 10 Speed
217	Optimist A Cup - 2 players	Play Boat Against Boat:	Demo:	Boat Against Boat	
218	Oscillating breeze	The Wind:	Tips Wind:	Play Against the Wind	
219	Perth Sailing Race - Level 4	London to Rio 2016: Belcher&Ryan:	Games:	Boat Against Boat	
220	Pick a median	Wind oscillating:	Tips Wind:	Play Against the Wind	
221	Pollensa - Light Breeze	Island of Mallorca:	Games:	Play Against the Wind	
222	Pollensa Racing Cup 6x6	Island of Mallorca:	Games:	Play Against the Wind	
223	Program settings	Service: Reset options:	Help:	Play Against the Wind	
224	Program settings	Service: Reset options:	Help:	Boat Against Boat	
225	Program Start or Pause and Stop	Getting started:	Help:	Play Against the Wind	
226	Program Start or Pause and Stop	Getting started:	Help:	Boat Against Boat	
227	Program Start or Pause and Stop	Getting started:	Help:	Coach's Toolbox	
228	Programs and website	Design:	Impressum:	Play Against the Wind	
229	Programs and website	Design:	Impressum:	Boat Against Boat	
230	Protect left	Fleet tactic:	Tips Wind:	Play Against the Wind	
231	Protest account	Cockpit:	Help:	Boat Against Boat	
232	Protest account	Cockpit:	Help:	Coach's Toolbox	
233	Racing	Game Modus:	Help:	Play Against the Wind	
234	Racing	Game Modus:	Help:	Boat Against Boat	
235	Racing	Training modus:	Help:	Coach's Toolbox	
236	Reaching the Zone 18.2(b,c)	Mark-Room (Rule 18):	Tips Rules:	Boat Against Boat	
237	Reset Program option	Service: Reset options:	Help:	Coach's Toolbox	
238	Right of Way or Keep Clear?	Wind and Right of Way:	Tips Rules:	Boat Against Boat	
239	Round Australia Island - Level 1 auto pilot	London to Rio 2016: Belcher&Ryan:	Games:	Boat Against Boat	
240	Round Australia Island Level 1	London to Rio 2016: Belcher&Ryan:	Games:	Boat Against Boat	
241	Round Bavaria (Germany) Wind 1x1	Fleet Race:	Games:	Boat Against Boat	
242	Round Isle of Mallorca (Spain) Wind 8x8	Fleet Race:	Games:	Boat Against Boat	
243	Round the Holiday Island - 2 players	Play Boat Against Boat:	Demo:	Boat Against Boat	
244	Rule #10 On Opposite Tacks - Close Hauled	Wind on opposite tacks (Rule 10):	Tips Tactic:	Coach's Toolbox	
245	Rule #10 Wind from starboard - Right of Way	Wind on opposite tacks (Rule 10):	Tips Tactic:	Coach's Toolbox	
246	Rule #11 On the Same Tack - Overlapped	Wind on same tack - Overlapped (Rule 11):	Tips Tactic:	Coach's Toolbox	
247	Rule #11 Wind on the Same Tack - Leeward boat	Wind on same tack - Overlapped (Rule 11):	Tips Tactic:	Coach's Toolbox	
248	Rule #12 On the Same Tack - Not Overlapped	Wind on same tack - Not Overlapped (Rule 12):	Tips Tactic:	Coach's Toolbox	
249	Rule #13 Keep Clear	While Tacking (Rule 13):	Tips Tactic:	Coach's Toolbox	
250	Rule #14 Entitled to Room	Avoiding Contact (Rule 14):	Tips Tactic:	Coach's Toolbox	
251	Rule #18(a) Giving Mark-Room	Mark-Room (Rule 18):	Tips Tactic:	Coach's Toolbox	
252	Rule #18(b,c) Reaching the Zone	Mark-Room (Rule 18):	Tips Tactic:	Coach's Toolbox	
253	Rules - Which boat must keep clear?	Exercise for Right of Way Rules:	Junior:	Coach's Toolbox	
254	Rules of the game	Game Modus:	Help:	Play Against the Wind	
255	Rules of the Game <Against the Wind>	Rules of games:	Help:	Play Against the Wind	
256	Sail fast	Wind shifts:	Tips Wind:	Play Against the Wind	
257	Sail for shifts	Wind shifts:	Tips Wind:	Play Against the Wind	
258	Sail the longer tack first	Rules of Thumbs steering:	Tips Wind:	Play Against the Wind	
259	Sail the longer tack first	Tips:	Demo:	Play Against the Wind	
260	Sail the longer tack first - 2 boats	Long tack first:	Racing Sailor:	Coach's Toolbox	
261	Sail the longer tack first - 2 boats	Long tack first:	Tips Tactic:	Coach's Toolbox	
262	Sailboat racing	Advice:	Boats:	Coach's Toolbox	
263	Sailboat racing	Advice:	Impressum:	Play Against the Wind	
264	Sailboat racing	Advice:	Impressum:	Boat Against Boat	
265	Sailing Scooter - 4 boats	FAMILY SAILING- Fun for four - 4 boats:	Games:	Boat Against Boat	
266	Sailing Scooter - 4 boats	Sailing Scooter - 4 boats:	Junior:	Coach's Toolbox	Kids Family
267	San Francisco Bay - Level 1 Autopilot	San Francisco Bay:	Games:	Boat Against Boat	
268	San Francisco Bay - Level 1 Wind 1x1	San Francisco Bay:	Games:	Boat Against Boat	
269	San Francisco Bay - Level 2 Wind 2x2	San Francisco Bay:	Games:	Boat Against Boat	
270	San Francisco Bay - Level 3 Wind 3x3	San Francisco Bay:	Games:	Boat Against Boat	
271	Schwertzugvogel (Germany)	Select your boat:	Boats:	Play Against the Wind	
272	Schwertzugvogel (Germany)	Select your boat:	Boats:	Boat Against Boat	
273	Schwertzugvogel (Germany)	Select your boat:	Boats:	Coach's Toolbox	
274	Shifting persistently	The Wind:	Tips Wind:	Play Against the Wind	
275	Shoot finish	Finish line:	Tips Tactic:	Coach's Toolbox	
276	Shoot finish	Finish line:	Tips Wind:	Play Against the Wind	
277	Skipper of boat 1 - Color	Boats:	Help:	Coach's Toolbox	
278	Skipper of boat 1 right	Boats:	Help:	Boat Against Boat	
279	Skipper of boat 2 - Color	Boats:	Help:	Coach's Toolbox	
280	Skipper of boat 2 left	Boats:	Help:	Boat Against Boat	
281	Slalom - 16 Buoys	SLALOM SAILING - endless fun:	Games:	Play Against the Wind	Kids Family
282	Slalom - 24 Buoys	SLALOM SAILING - endless fun:	Games:	Play Against the Wind	Kids Family
283	Slalom - 3 Buoys	SLALOM SAILING - endless fun:	Games:	Play Against the Wind	Kids Family
284	Slalom - 32 Buoys	SLALOM SAILING - endless fun:	Games:	Play Against the Wind	Kids Family
285	Slalom - 4 Buoys	SLALOM SAILING - endless fun:	Games:	Play Against the Wind	Kids Family
286	Slalom - 8 Buoys	SLALOM SAILING - endless fun:	Games:	Play Against the Wind	Kids Family
287	Slalom - 8 Buoys - auto repeat	SLALOM SAILING - endless fun:	Demo:	Play Against the Wind	
288	Slalom - New Olympic format (in discussion)	Olympic Races:	Games:	Play Against the Wind	
289	Slalom - New Olympic format (in discussion)	SLALOM SAILING - endless fun:	Demo:	Play Against the Wind	
290	Slalom - New Olympic format (in discussion)	SLALOM SAILING - endless fun:	Games:	Play Against the Wind	
291	Slalom Race - Advanced - 4 boats 14 marks	Slalom Race - 4 boats:	Junior:	Coach's Toolbox	Kids Family
292	Slalom Race - New Olympic Event (in progress)	Olympic Races:	Demo:	Boat Against Boat	
293	Slalom Race - New Olympic Event (in progress)	Olympic Races:	Games:	Boat Against Boat	
294	Slalom Race - New Olympic Event (in progress)	SLALOM SAILING - endless fun:	Games:	Boat Against Boat	
295	Slalom Race 16 Buoys	SLALOM SAILING - endless fun:	Games:	Boat Against Boat	
296	Slalom Race 24 Buoys	SLALOM SAILING - endless fun:	Games:	Boat Against Boat	
297	Slalom Race 3 Buoys	SLALOM SAILING - endless fun:	Games:	Boat Against Boat	
298	Slalom Race 32 Buoys	SLALOM SAILING - endless fun:	Games:	Boat Against Boat	



# Tactical Sailing from A to Z


For coaches special topics of a regatta: speed, start, upwind, cross tack duck (cross-td), windward buoy, downwind, gate, finish line.

No.	Exercises / Scenes: Sorted by 1...9, A-Z 	Groups of exercises	Categorises	Program moduls	Favorites
299	Slalom Race 4 Buoys	SLALOM SAILING - endless fun:	Games:	Boat Against Boat	
300	Slalom Race 8 Buoys	SLALOM SAILING - endless fun:	Games:	Boat Against Boat	
301	Sparring partner	Boats:	Help:	Play Against the Wind	
302	Speed and Pointing - 3 boats	Speed:	Boats:	Coach's Toolbox	
303	Speed and Pointing - 3 boats	Speed:	Tips Tactic:	Coach's Toolbox	
304	Starting	Coach's Toolbox:	Help:	Boat Against Boat	
305	Starting	Coach's Toolbox:	Help:	Coach's Toolbox	
306	Starting lesson - 10 boats	Start to finish - 10 boats:	Expert:	Coach's Toolbox	Top 10 Start
307	Starting line - Line sight - 1 Boat Autopilot	Start line:	Junior:	Coach's Toolbox	
308	Starting line - Line sight - 1 Boat Autopilot	Start line:	Tips Tactic:	Coach's Toolbox	
309	Starting line - skewed - 2 boats	Start line:	Tips Tactic:	Coach's Toolbox	
310	Starting line - skewed - 2 boats	Start to Finish - Against the Wind:	Racing Sailor:	Coach's Toolbox	Tactic Start
311	Starting line - The 10 to 17 rule	Gain or loss:	Expert:	Coach's Toolbox	
312	Starting line - The 10 to 17 rule - Gust	Gain or loss:	Expert:	Coach's Toolbox	Tactic Start
313	Stay near the middle	Wind oscillating:	Tips Wind:	Play Against the Wind	
314	Steering around	Cockpit:	Help:	Play Against the Wind	
315	Steering by compass	Cockpit:	Help:	Play Against the Wind	
316	Steering by compass	Cockpit:	Help:	Boat Against Boat	
317	Steering by compass	Cockpit:	Help:	Coach's Toolbox	
318	Steering by wheel	Cockpit:	Help:	Play Against the Wind	
319	Steering by wheel	Cockpit:	Help:	Boat Against Boat	
320	Steering by wheel	Cockpit:	Help:	Coach's Toolbox	
321	Stormy Weather - Autopilot 1 player	Play Against the Wind:	Demo:	Play Against the Wind	
322	Switch Point Downwind - auto detection	Switch Point:	Racing Sailor:	Coach's Toolbox	Top 10 Upwind
323	Switch Point Downwind - auto detection	Switch Point:	Tips Tactic:	Coach's Toolbox	
324	Switch Point Upwind - auto detection	Switch Point:	Racing Sailor:	Coach's Toolbox	Tactic Downwind
325	Switch Point Upwind - auto detection	Switch Point:	Tips Tactic:	Coach's Toolbox	
326	Sydney Sailing Race - Level 2	London to Rio 2016: Belcher&Ryan:	Games:	Boat Against Boat	
327	Sydney-Perth-Hobart - Level 4	London to Rio 2016: Belcher&Ryan:	Games:	Play Against the Wind	
328	Tack - Jibe - 1 Boat Autopilot	First steps - Fox hunting:	Junior:	Coach's Toolbox	Kids Family
329	Tack - Jibe - 2 Boats	First steps - Fox hunting:	Junior:	Coach's Toolbox	
330	Tack and Jibe	Cockpit:	Help:	Play Against the Wind	
331	Tack on Headers	Rules of Thumbs steering:	Tips Wind:	Play Against the Wind	
332	Tack on median	Wind oscillating:	Tips Wind:	Play Against the Wind	
333	Tacking upwind - 1 Boat autopilot	Chain of buoys - upwind and downwind:	Junior:	Coach's Toolbox	Kids Family
334	Tacking upwind - 2 Boats	Chain of buoys - upwind and downwind:	Junior:	Coach's Toolbox	
335	Tactical Sailing	Copyright:	Boats:	Coach's Toolbox	
336	Tactical Sailing	Copyright:	Impressum:	Play Against the Wind	
337	Tactical Sailing	Copyright:	Impressum:	Boat Against Boat	
338	Tactical targets	Coach's Toolbox:	Help:	Boat Against Boat	
339	Tactical targets	Coach's Toolbox:	Help:	Coach's Toolbox	
340	Team Race - Advanced - 4 boats	Team Races 4 boats:	Expert:	Coach's Toolbox	
341	Team Race - Beginners - 4 boats	FAMILY SAILING - Fun for four - 4 boats:	Games:	Boat Against Boat	
342	Team Race - Beginners - 4 boats	Team Races 4 boats:	Expert:	Coach's Toolbox	
343	Team Race - Professionals - 4 Boats	Team Races 4 boats:	Expert:	Coach's Toolbox	
344	Technical Concept	Concept:	Impressum:	Play Against the Wind	
345	Technical Concept	Concept:	Impressum:	Boat Against Boat	
346	TP 52 Transpac	Select your boat:	Boats:	Play Against the Wind	
347	TP 52 Transpac	Select your boat:	Boats:	Boat Against Boat	
348	TP 52 Transpac	Select your boat:	Boats:	Coach's Toolbox	
349	Trainer - Coaches	Coaches:	Boats:	Coach's Toolbox	
350	Trainer - Coaches	Coaches:	Impressum:	Play Against the Wind	
351	Training at Palma de Mallorca - 2 boats 9 marks	Racing Areas:	Junior:	Coach's Toolbox	
352	Training modus Wind 1x1 to 8x8	Training modus:	Help:	Coach's Toolbox	
353	Translators	Copyright:	Boats:	Coach's Toolbox	
354	Translators	Copyright:	Impressum:	Play Against the Wind	
355	Translators	Copyright:	Impressum:	Boat Against Boat	
356	Turbo Wind 30° - Randomly oscillating	Turbulent Winds - 30° 40° 50°:	Games:	Play Against the Wind	
357	Turbo Wind 40° - Randomly oscillating	Turbulent Winds - 30° 40° 50°:	Games:	Play Against the Wind	
358	Turbo Wind 50° - Randomly oscillating	Turbulent Winds - 30° 40° 50°:	Games:	Play Against the Wind	
359	Uberlingen race - 2 boats - 6 wind fields Start 15'	Lake Constance Cup - Wind fields:	Expert:	Coach's Toolbox	Tactic
360	Upwind	First Steps:	Demo:	Play Against the Wind	
361	Upwind beat - skewed course - 2 boats	Start to Finish - Against the Wind:	Racing Sailor:	Coach's Toolbox	
362	Upwind beat - skewed course - 2 boats	Strategy before starting:	Tips Tactic:	Coach's Toolbox	
363	Upwind mark - 2 boats	Start to Finish - Against the Wind:	Racing Sailor:	Coach's Toolbox	
364	Upwind mark - Attack 3 against 3	Tactic 'Team Race':	Tips Tactic:	Coach's Toolbox	Top 10 Upwind mark
365	Upwind mark - Force 'room'	Team Race Tactic:	Expert:	Coach's Toolbox	Tactic Upwind mark
366	Upwind mark - Attack 3 against 3	Tactic 'Team Race':	Tips Tactic:	Coach's Toolbox	Top 10 Upwind mark
367	Upwind mark - Force 'room'	Team Race Tactic:	Expert:	Coach's Toolbox	Tactic Upwind mark
368	Use the '10 to 25' rule	Gain or loss:	Expert:	Coach's Toolbox	Tactic Upwind
369	Use the '10 to 25' rule	Wind shifts:	Tips Wind:	Play Against the Wind	
370	Velocity Made Good (VMG)	Cockpit:	Help:	Boat Against Boat	
371	Velocity Made Good (VMG)	Cockpit:	Help:	Coach's Toolbox	
372	Vento - North - Trapeze course	Lake Garda XXX. Optimist Meeting:	Games:	Boat Against Boat	
373	Vento - North - Trapeze course	Lake Garda:	Games:	Play Against the Wind	
374	Version Tactical Sailing Program	Version:	Help:	Play Against the Wind	
375	Version Tactical Sailing Program	Version:	Help:	Boat Against Boat	
376	Version Tactical Sailing Program	Version:	Help:	Coach's Toolbox	
377	Video, Sound and Text	Tips:	Help:	Play Against the Wind	
378	VMC - Definition of 'Velocity towards Course Mark'	Speed (VMG/VMC):	Expert:	Coach's Toolbox	
379	VMG - Animation of Tactic on higher VMG	Speed (VMG/VMC):	Expert:	Coach's Toolbox	Tactic Speed
380	VMG - Definition of 'Velocity Made Good to Wind'	Speed (VMG/VMC):	Expert:	Coach's Toolbox	
381	VMG - Speed Test - 2 Boats	Speed (VMG/VMC):	Expert:	Coach's Toolbox	
382	Voices	Copyright:	Boats:	Coach's Toolbox	
383	Voices	Copyright:	Impressum:	Play Against the Wind	
384	Voices	Copyright:	Impressum:	Boat Against Boat	
385	Welcome to 'Boat Against Boat'	Welcome on Board:	Boats:	Boat Against Boat	
386	Welcome to 'Coach's Toolbox'	Welcome on Board:	Boats:	Coach's Toolbox	
387	Welcome to 'Play Against the Wind' - Boats parade: auto repeat	Welcome on Board:	Boats:	Play Against the Wind	



# Tactical Sailing from A to Z

For coaches special topics of a regatta: speed, start, upwind, cross tack duck (cross-td), windward buoy, downwind, gate, finish line.

No.	Exercises / Scenes: Sorted by 1...9, A-Z 	Groups of exercises	Categorises	Program moduls	Favorites
388	Wind	Wind:	Help:	Play Against the Wind	
389	Wind	Wind:	Help:	Boat Against Boat	
390	Wind	Wind:	Help:	Coach's Toolbox	
391	Wind 2x2 - Game modus easy	Play Against the Wind:	Games:	Play Against the Wind	
392	Wind 3x3 - Game modus medium	Play Against the Wind:	Games:	Play Against the Wind	
393	Wind 4x4 - Game modus medium	Boat Against Boat:	Demo:	Boat Against Boat	
394	Wind 4x4 - Game modus medium	Play Against the Wind:	Games:	Play Against the Wind	
395	Wind 4x4 - Game modus: auto repeat	Video show (auto repeat):	Demo:	Play Against the Wind	
396	Wind 5x5 - Game modus difficult	Play Against the Wind:	Games:	Play Against the Wind	
397	Wind 6x6 - Game modus difficult	Play Against the Wind:	Games:	Play Against the Wind	
398	Wind 7x7 - Game modus very difficult	Play Against the Wind:	Games:	Play Against the Wind	
399	Wind 8x8 - Game modus very complex	Play Against the Wind:	Games:	Play Against the Wind	
400	Wind 8x8 - Gusts - Masters Race	Play Against the Wind:	Games:	Play Against the Wind	
401	Wind 8x8 Tiles - Game modus extrem komplex	Play Against the Wind:	Games:	Play Against the Wind	
402	Wind display	Cockpit:	Help:	Boat Against Boat	
403	Wind display	Cockpit:	Help:	Coach's Toolbox	
404	Wind display	Wind:	Help:	Play Against the Wind	
405	Wind display	Wind:	Help:	Boat Against Boat	
406	Wind display	Wind:	Help:	Coach's Toolbox	
407	Wind fields - flexible - right hand shifts	Wind fields with flexible boundaries:	Expert:	Coach's Toolbox	
408	Wind fields - flexible - left and right shifts	Wind fields with flexible boundaries:	Expert:	Coach's Toolbox	
409	Wind fields - right-left	Wind fields with flexible boundaries:	Expert:	Coach's Toolbox	
410	Wind fields - right-left-neutral	Wind fields with flexible boundaries:	Expert:	Coach's Toolbox	
411	Wind from port-tack I - Keep Clear	Wind on opposite tacks (Rule 10):	Tips Rules:	Boat Against Boat	
412	Wind from port-tack II - Keep Clear	Wind on opposite tacks (Rule 10):	Tips Rules:	Boat Against Boat	
413	Wind from starboard-tack - Right of Way	Tips:	Demo:	Boat Against Boat	
414	Wind from starboard-tack - Right of Way	Wind on opposite tacks (Rule 10):	Tips Rules:	Boat Against Boat	
415	Wind on the Same Tack - Leeward boat	Tips:	Demo:	Boat Against Boat	
416	Wind on the Same Tack - Leeward boat	Wind on same tack - Overlapped (Rule 11):	Tips Rules:	Boat Against Boat	
417	Windward mark Fleet Race - 10 boats	Exercise for Right of Way Rules:	Tips Tactic:	Coach's Toolbox	
418	Windward mark Fleet Race - 10 boats	Start to finish - 10 boats:	Expert:	Coach's Toolbox	
419	Windward mark Match Race - 10 boats	Start to finish - 10 boats:	Expert:	Coach's Toolbox	
420	Your boat	Boats:	Help:	Play Against the Wind	
<b>420 Sum of all Exercises / Scenes</b>					
		<b>Overview</b>	<b>Program module</b>	<b>Number</b>	
			Play Against the	124 Exercises/scenes	
			Boat Against Bo	120 Exercises/scenes	
			Coach's Toolbox	176 Exercises/scenes	
		<b>Tactical exercises/scenes for user groups:</b>			
			For regatta sailors - Tactic exercises.	22	Tactic Exercises
			For racing sailors - Top 10 favourite tactic exercises.	11	Top 10 Top 10
			For beginners, families, kids - endless fun.	12	Kids Family
		For coaches special topics of a regatta: speed, start, upwind, cross tack duck (cross-td), windward buoy, downwind, gate, finish line.		45	Favorites
		Source: Tactical Sailing Program Version name: 2.220.401.	Print date:	21.03.23	